



HAPPY BIRTHDAY, ELVIS!

In 1955, Elvis had his first No. 1 country record, "Mystery Train." He received a \$5,000 advance for RCA's purchase of his contract from Sun and used the money to buy his mother a pink Cadillac.

Style
CAROLINA LIVING

COMING THIS WEEK

online 'I'm So Clever' offers money-saving tips and tricks at charlotteobserver.com/home.



◀fri Five uptown lunch spots you'll want to dig into. CLT

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10 sights I'd like to see on red carpet

GUEST COLUMN
CRYSTAL DEMPSEY



As Award Show Season kicks off Sunday with the Golden Globes, I want to share some advice and pie-in-the-sky wishes for the swells.

I am a 40-year veteran of watching awards shows. I tried to break the habit, but a support group and ditching cable didn't help. For a while when I was the Style editor, I even got paid to watch them.

While I'm not a stylist, a makeup artist or a hairstylist, over the last few years I've been keeping a wish list for what I would like to see on the red carpet or during a broadcast:

1. Do not present shows in HD. Since that's not possible, work with makeup artists who specialize in HD make-up. I am still having flashbacks from some disasters I saw on the Grammy Awards last year. High definition is no joke and it is not new. Folks, be sure the makeup artist knows what the heck they're doing. If you don't, you could look like a clown. Literally.

2. An A-list actress who not only dresses herself but also does her own hair and makeup. I'm talking no stylist, no image consultant, no hair magician, no makeup artist. I bet someone could pull it off. How refreshing would that be? Imagine Nicole Kidman or Jennifer Lopez doing this. Yeah, that will never happen.

3. A ban on spray tans. Can we all just agree that only

Oompa Loompas can pull off orange skin?

4. An actor or director with head-turning, jaw-dropping facial hair that he's not wearing because of a movie that he's filming. Imagine Clooney with a carefully sculpted man-face landscape. Or Johnny Depp with a longer French beard and beads woven into longer pieces hanging from the chin. A little eyeliner and... well, never mind... Depp's done that already.

5. An actress who wears the same dress that she wore a decade ago. You know the guys do it with the tuxedos.

6. An actress who doesn't know the designer of her dress or refuses to say who made it. Just once I'd love to hear: "You know, Joan, I don't really care who made it. This dress looks great and is comfortable. That's all that matters." I'm betting the actress would be tackled and given a label search.

7. An actress in flats. Better yet, a pair of sequined TOMS that she later auctions off and gives the money to buy more shoes for kids.

8. Leave the show in the clothes that you arrived in. The wardrobe changes between the red carpet and the show annoy me. Remember the year Beyonce changed outfits at least 70 times? OK, it was more like 7 or 8. The quick changes are confusing and overindulgent.

9. Make mandatory nominations for Bjork, Twilda Swinton, Cate Blanchett, Will Smith and Ryan Gosling so they will have to be on the red carpet.

10. More men in kilts, please.

Crystal Dempsey is the former editor of Style and has a thing for men in kilts with facial hair. Email: crystal@fromthehipcommunications.com.



GERO BRELOER - AP

Rooney Mara has kept a bit of the edgy "Girl With the Dragon Tattoo" look. She was on the cover of Vogue in November.

Seeking the next red carpet knockout

All eyes will be on young stars' clothes at the Golden Globes.

BY NICOLE LAPORTE
New York Times

At last year's Golden Globes ceremony, when Hailee Steinfeld, then 14 and a star of "True Grit," traipsed down the red carpet in a cream-colored Prabal Gurung gown that artfully toed the line between age-appropriate and demurely chic, she went from plucky Hollywood newcomer to fashion It Girl in about a nanosecond.

"Everybody was freaking out the next day," said Steinfeld's fashion stylist, Karla Welch, who said she was suddenly inundated with calls from designers who had been less than forthcoming with their wares.

Led by Steinfeld, Hollywood's red-carpet season last year was a veritable youthquake, with starlets like Jen-

nifer Lawrence, now 21, and Emma Stone, 23, proving that high fashion isn't just for "older" femmes fatales like Cate Blanchett and Nicole Kidman. (Stone had a similar stop-the-presses moment at the Globes, in a peach-colored Calvin Klein frock.)

And when this year's ceremony is held on Sunday - the starting gun for the Hollywood awards season, which climaxes with the Academy Awards on Feb. 26 - the fashion world will be scouting for the next ingenue to soar to its upper ranks a la Steinfeld, who since her Globes debut has graced the pages of Vogue, been chosen as the face of Miu Miu and become a fixture at events across the globe. The "2012 Golden Globes Awards" airs at 8 p.m. Sunday on NBC.

The jockeying for this honor has, unsurprisingly, already begun. All across Los Angeles, young actresses from

SEE **KNOCKOUT**, 3D

WHAT LOOKS RIGHT NOW

Vibrant glam-mas

OLIVIA FORTSON | cfortson@charlotteobserver.com

They're fit, they're chic and they have a vibrant outlook on life. "They" are a breed of grandmothers from Charlotte's social scene that we call Glam-mas because they're so glamorous.

Three of them - Joan Zimmerman, Dee Dixon and Liz Hilliard - share their style and fitness tips that

make them role models not only to their grandchildren but a source of inspiration for women who want to live life to its fullest while looking fabulous.

And another Glam-ma, Marcia Simon, shares her expert advice on what grandmothers should look for when they shop.



DANIEL COSTON

JOAN ZIMMERMAN

She's a founder of Charlotte-based Southern Shows Inc. and grandmother to Carl, 22; Lila, 22; Alex, 20; and John, 20. Zimmerman jokes that since Lila was 8, she's been calling to say, "Grandma, we HAVE to go shopping." Now Lila loves "shopping" in Zimmerman's closet.

Style: Zimmerman says there's nothing trendy in her wardrobe. "I like things that are comfortable, simple and that I could wear all day and into the evening if I have an event," she says. The most important thing to her is quality fabric. Her basics are skirts or pants in dark neutrals with a colorful top or jacket. She has three "spotters" at stores who know what she likes and her budget, and they call her when something comes in. "That's a time-saver and a money-saver," she says. "And proper fit is important, so find a good seamstress."

Hair and makeup: A minimalist, she only uses simple products and doesn't believe in Botox or facelifts. "My hair has always been short, I've never had hair color, and the style is wash and go," she says.

Fitness: Her weight is the same as when she was in school and dreamed of being a gym teacher. "I walk and I've started doing yoga to keep myself flexible," she says.



JIM MCGUIRE

LIZ HILLIARD

She's owner of Performance Pilates, creator of The Hilliard Studio Method and grandmother to Aubrey Elizabeth, 3 months. Around her granddaughter, Hilliard refers to herself as Gandy. Although Hilliard and her daughter wear the same clothes, they have different shoe sizes, so their joke is that they hope Aubrey Elizabeth will have the same size feet as her Gandy.

Style: Hilliard believes that the older you get the more you need to pare down the fluff. "I'm all about physicality so I like for women to show their assets," she says. "You don't see me in layers and frills." Because she teaches classes almost every day, she wears leggings and workout tanks. She also loves designer clothes because they're investment pieces that can be worn for years. "The main thing is to feel comfortable with your body so you're not confined to a certain style or limited with what you wear."

Hair and makeup: A former model, she was always being told how she should look. "When I was free of that, I decided to wear my hair shoulder length so I can wear it up or down." For her age, she says, the less makeup you wear, the better you look. "Skin care and diet are key to glowing, natural skin."

Fitness: A personal trainer for 12 years, she also created The Hilliard Studio Method, which she describes as Pilates on steroids. She says that, along with a healthy diet, have her in the best shape of her life.

DEE DIXON

She's publisher of Pride Magazine, which produces the annual Lowe's Pride Awards Gala this weekend, and grandmother to Victoria, 5, who calls her G Ma; and Chase, 8 months. "Victoria is opinionated about fashion and has her own style. She's given her approval for the gown I'll wear on Saturday."

Style: Dixon has always loved clothes. In school she followed trends and experimented with different looks. Now she looks for quality and what looks best on her. "I don't have any real rules; I just try to avoid extremes," she says. "I don't want to look old-timey, but I don't want to look too young."

Hair and makeup: Dixon's distinctive hair style is what she's known for. "It's easy, I like wearing my hair off my face and it fits in with any situation whether it's a work event or going to the gym." She doesn't buy expensive makeup or products. "I think healthy skin comes from eating right and exercising," she says.

Fitness: Dixon keeps her dress size in the single digits. "When I start feeling my clothes get tight I'll cut back on what I eat," she says. "I take spinning classes three times a week. At home I use the treadmill and bike."



LEE STEWART



Simon

Shopping advice for older women

Marcia Simon of Paul Simon for Women has this observation about Charlotte Glam-mas: "They are gracious, kind and a good person on the inside as they look on the outside." Her tips for updating your wardrobe:

- Don't cover yourself up with baggy clothes - it makes you look dowdy. Look for clothes that give you a shape and flatter your figure.
- Try to get away from black and go for bright, bold colors instead.
- Keep skirts slightly above, at, or below the knee.
- Don't be afraid to try something new, but look for sophisticated takes on trendy styles.
- Create glamour with special dramatic accessories: a cape, a statement necklace, a gorgeous scarf or an antique brooch.